THE BI-MONTHLY

Newsletter of the Bisexual Center

Volume 4 Number 5 September-October 1980

Front Cover Graphic: This month submitted by Julie Geyer. If you would like to submit your graphic for front cover contact Michael Loveland at 922-2300 or 261-2821 (evenings).

ART AT THE BI CENTER

Art has been defined as the objective result of the desire innate within every culture to express its most profound moralities and consepts in a form which is both tangible and eternal. The Bi Center would like to continue to function as a display gallery for bi-oriented art work which eminates from the bi community.

Our current exhibit of sensual and erotic drawings by Lloyd Cook of Victoria, British Columbia, will be on display through the end of October. (See his article on page 6 of this issue.) If you are an artist who would like to take advantage of our display space, please contact David Lourea at the Bi Center (922-2300) for arrangements.

THE BI-MONTHLY

All contributions to the Bi-Monthly must be submitted by the planning meeting. The next issue's planning meeting will be Friday night, October 3rd, at 7:30pm. Lay-out will be Sunday, October 12th, and paste-up will be October 19th, both starting at 12 noon and going until late afternoon or until completion, whichever comes first. Come and help for any part of any of it.

Moving???

If you are let us know or you might not get this wonderful newsletter delivered on time (or at all in some cases). We are going to try to get the newsletter out a week earlier also so help us out and tell us where you are.

THE BISEXUAL CENTER

P.O. Box 26227
San Francisco, CA 94126
(415) 922-2300

FOUNDERS

Harriet Leve Maggi Rubenstein

BOARD OF DIRECTORS

David Lourea	President
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this issue:

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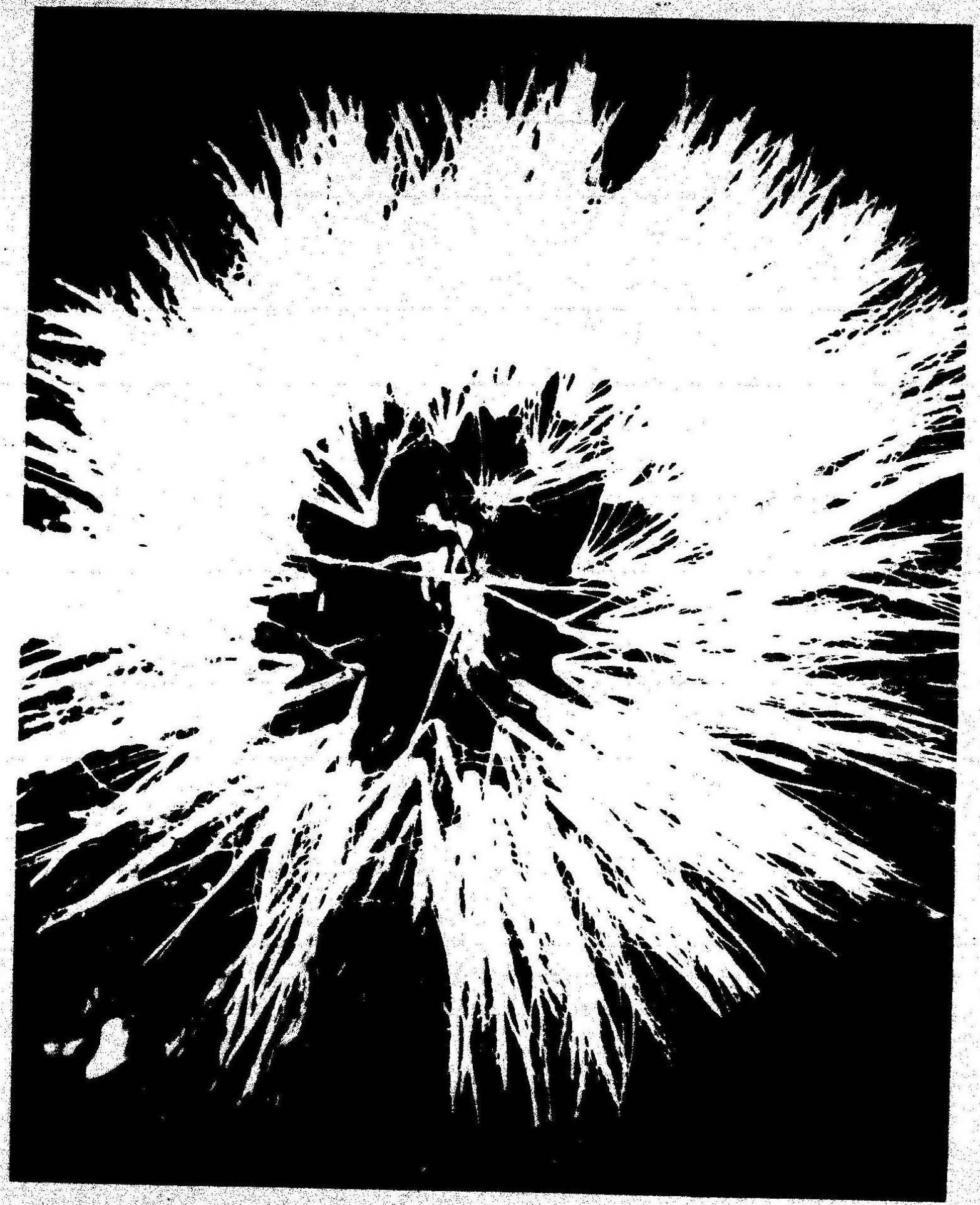
membership

	Full-time Student
$6 -	Unemployed, Retired
$12 -	Regular
$13-100	Contributing
$101-1000	Sustaining

Make check payable to:
The Bi Center & mail to
P.O. Box 26227
San Francisco, Ca. 94126

Name_____
Address_____
City_____ State_____ Zip_____
Home phone_____ Bus.#_____
Occupation_____
Skills_____

How did you hear about the Bi Center?_____



by Charles

Is The Bi Center Male Dominated?

Random comment expressed at our Gay-Bi-Lesbian Social by a person of feminine gender:

"The Bi Center is male dominated. There are more men than women in the Center, and the rap groups--newsletter--board of directors--are mostly men."

Well, my dears, as a genetic female and organizer of numerous women's activities for the Bi Center and other all women and mixed organizations, I'd just like to say -- Put out some energy or shut up. I'm tired of hearing women complain that their needs are not being met. The men's needs would not be met if they didn't come to the board meetings and organize events. There is no magic conspiracy to keep women down at the Bi Center. The board is actively worried about feminine participation. The Center is small and entirely dependent upon individual energy. For every men's group or male oriented event, there is equal opportunity for a women's group or female oriented event.

It has been my experience that women are much less likely to come forward and organize. I'm not judging whether this is bad, good, or whatever. I'm just saying, those who come forward and initiate activities get the kinds of activities they want.

So, if you want women's events, create them. The newsletter or a notice at the Center are appropriate places to announce and organize. I'll be glad to help head you in the right direction.

Women are powerful. Women can create their events the way they want them.

Don't play the bullshit traditional passive female trip.

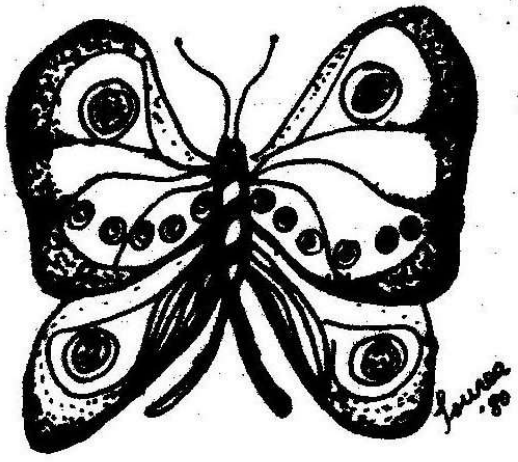
Actualize, don't bitch.

Power to women.

Jean Yates
Co-membership coordinator
Board of Directors

Clean Up Days at the Bi Center

Help us create a new sparkle at the Bi Center. Although housework is usually not much fun, we're going to change all that by creating Sparkle Parties on the first Saturday of each month. Those of you who really care what the Center looks like, please join us at 11:00 am on October 4th and every first Saturday thereafter. We'll make a fun time of vaccuming, polishing, mopping and window-washing, and keep each other entertained with coffee and donuts and our own lively company.



Laughing Boy

Your soft velvet arms
Embrace the world
With your laughter
As you flit
From flower to flower
Like a golden butterfly
Your puppy dog eyes
Lap up love
Like a hungry bear
And when I come to you
My sweet laughing boy
You tremble;
Like a blushing bride
You surrender.
Your tears flow into me
Like a rushing river
And I yield to your soft
Warm arms
Engulfing me with your laughter
Your puppy dog eyes
Drink the sweetness of our love
As a hungry cub
Drinks the sweetness of its mother's milk.

Daphne

CLASSIFIED ADS

For the first time in the 4-year history of the Bi-Monthly, we will be accepting classified ads for publication. We want to give Center members a way to publicize their services, saleable items, and events to our full membership.

An additional advantage will be that we can continue to keep the standard and quality of our newsletter high without having to pass on recent increases in expenses to our subscribers.

No sex ads will be accepted. The Board was adamant that the Bi-Monthly not be used for finding partners. The Classified Ads editor reserves the right to reject or edit ads to meet Bi-Monthly Standards. We must accept ads on a first-come, first-served basis as there will be no more than 2 pages per issue set aside.

Rates: $1.00/40 typewriter space line; $20.00/quarter page (3½" X 5"); $40.00/half page (10" X 3½", or 5" X 7½"); $80.00/full page (10" X 7½"); Standard business card will be printed as is for $5.00.

Ads must include a name (real or otherwise) and either an address or a phone number where you can be reached. The Bi Center will not forward responses.

You can call Tuesday or Thursday evenings during regular office hours, or leave a message at other times to be called back, for information - 922-2300.

Ads must be submitted in writing and payment must accompany the ad. No ads will be accepted over the phone.

Since space is limited, the money for ads not received in time for the upcoming issue will be refunded unless they are specified to be held over. Ads for the next issue, November/December 1980, must be received at the Bi Center by October 5th. Use the following form for yours.

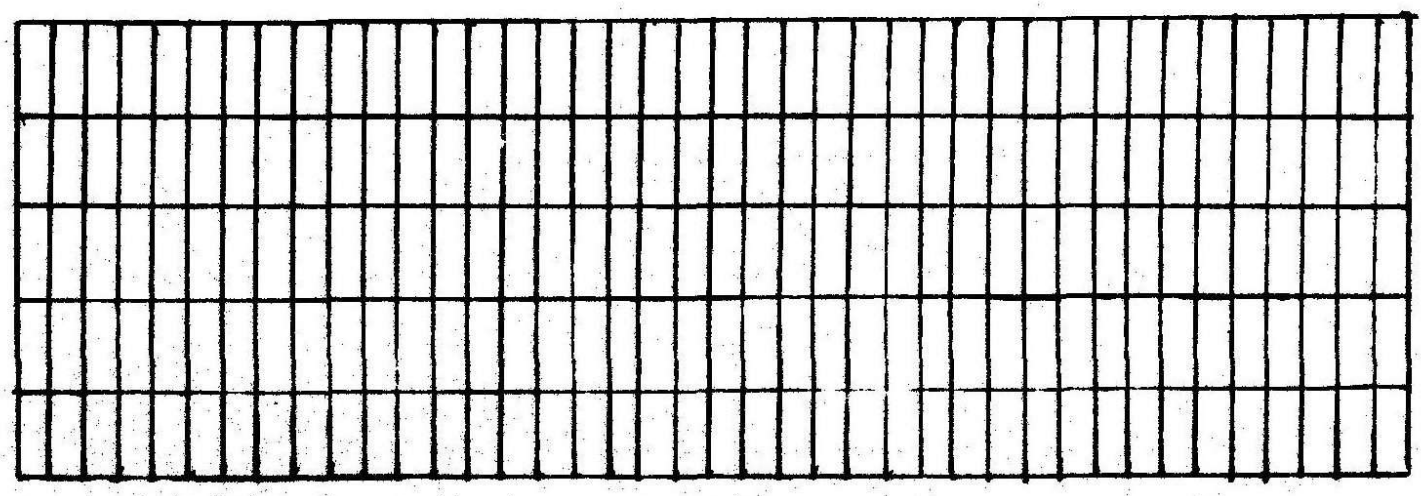
Creative Visualization: Creating what you want in your life. Classes starting in Oct. for 8 weeks. Call Marilyn 431-5513 or Deva 261-2821 (evenings only) for details.

For Sale: Black Arabian horse (gelding), 3 yrs. old, ready for training. $2,000 or best offer. Marilyn: 431-5513.

Bi woman wants room in older style house in San Francisco. Can afford $150 & under, good location. Place needed by Oct. 1st. Contact D. Knobler 863-1389 evenings.

For Sale: Trailer hitch (Draw-tite) for 1975-77 Toyota hatchback. Good condition. $35 or best offer. Marilyn: 431-5513.

CLASSIFIED AD FORM



A name and either your address or phone number must be included as part of your ad.
Check must accompany ad.
If there is no space available do you want this ad: ☐ Run next issue; ☐ Refunded.
Bi Center reserves the right to reject any ad.

2:54 pm
July 8.80

Dear Russian River Friends:

I'm home! 40 hours later. Whew! I don't think I could ever face driving Interstate 5 alone again. A person needs only so much time alone to think---although I certainly had an extraordinary amount of sensory input after being with you "bi's" (how do you spell the plural of "bi" anyway?).

When I pulled onto the main road from the campsite at the Russian River, I was flooded with feelings of sadness and reluctance. The "bi ghetto" had been a beautiful experience, one I was sorry to end, mostly because I knew it would be a long time before I would have another such experience.

I exchanged warm goodbyes with the chap (Peter?) from New York who wore the Bi Forum T-shirt, at the gate to the campground. He was returning from enjoying the late afternoon at Fife's. He was a last minute reminder of how many of you I had not had a chance to get to know better. I was so spaced out, I was several miles past Gurneville before I realized I was going the wrong way. I flagellated myself all the way back to 101 with the gas gauge on empty.

I wasn't long on the freeway before the whole thing seemed like a dream. How, I asked myself, am I going to tell anyone at home that I went camping with a couple of dozen bisexuals! I deliberately recounted the entire experience one delightful detail after the other, with the same fervor that one has when trying to make sure to remember a particularly interesting dream before it disappears.

It all started when I walked into the Bi Center to rendevous for the trip to the river. POW! A salacious blond being, lounging invitingly, legs spread, arms behind his neck, wearing a singlet and faded jeans. I was introduced..."Lloyd, this is. . ." I said to myself, "No, this is trouble! I knew I didn't want to go camping with a bunch of bi's. Let me out of here!

That was not the only time I wanted to rush away from the Russian River (sorry, I couldn't resist). I kept being reminded of how much pain there was inside of me, of how much I wanted to go back to being alone. In retrospect, for every perfectly scarey experience there were many perfectly wonderful ones. Recounting them on the way home soon changed my mood from one of sadness to one of elation. I felt as if I had been present at an historical event---the birth of the Bi Lifestyle!

Two dozen people of both sexes, all ages, thrown together in a rural campsite. The only thing they had in common is their need to be loved and accepted for what they are---bisexual. The vibrant energy of the individual people came together to produce an amazing statement of power and joy. Doctor, student, librarian, technician, secretary, artists, a dog named Dr. Freud. An amazing collection of powerful individual personalities banded together around a campfire. An emerging people!

Bi jokes, bi songs, bi mime. There was suddenly something more to bi-sexuality than sex and rap groups. For the first time in my life I was truely proud to identify myself as bisexual. I wanted to shout to the world, "Watch out, we're coming!" I wanted to shout to all the closeted bi's out there, "It's going to be alright!"

I have for years aligned myself with the gay lifestyle, but only because it's the better of two wrong choices for me. Now I could clearly see the day when all bi's will have the option of identifying with a real bi lifestyle in a bi community.

When a small group of men and women banded together in a wooded glen, staking out their territory with paper plate signs fastened to the reeds of wild fennel---BI CENTER---they were staking out the future. When they stood and danced and loved around the evening fire, they were celebrating the beginning of a new age. When they mingled with gays at the nude beach, oggled by hetero's (or were they?) from across the river; when they boogied at the two local gay disco's, they were affirming their presence in the real world: "We're here, and we're not by any stretch of the imagination going to go away!

Personally, the 3 days and nights I spent as one of the characters in this wonderful movie are very important to me indeed. An amazing collage of intimate conversations, delicious food, beaming smiles, warm hugs, enlivening fresh air

and hot sun, bracing river swims, beautiful sun-soaked nude bodies, laughing, crying, peaceful contemplation, festive song and dance and lust. . . To my new and very special friends that were there with me--- THANK YOU from the depths of my heart.

David: the hunky endearing teddybear who touched my heart and helped me become vulnerable again.

David and Lee: who held me tightly while I wept. I knew they wouldn't need to ask me why. Years of pain of the "oppressed bisexual" seemed to melt away.

Tommy: his beautiful spirit seemed as though it could transcend any and all oppression. I wish I could speak his special language more fluently.

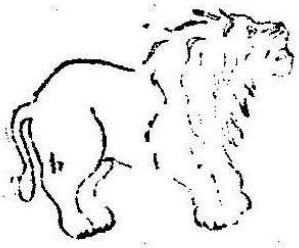
Bill, Jenny, Michael, Penny, Julie, John, Dr. Freud, Richard, Peter, Gregory, Jim, Jim, Mike, Debby, Michael. . .to all of you, hugs and kisses with deepest gratitude for helping me feel "at home" at last.

So, how am I going to tell anyone here about you? I just will. The rest is their problem.

FOR SURE THE RUSSIAN RIVER CAMPOUT SHOULD BE AN ANNUAL EVENT!

Bi! from B.C.

LLOYD



Lloyd Cook is from Victoria, British Columtia. His art work is now on display at the Bi Center and for sale. Contact David Lourea for details. It will be on display through October.

1980 June 19
Thursday

Dear Dave:

I'm writing this to let you know how much I enjoyed my first, and probably last, visit to the Bi Center drop-in rap yesterday. I doubt that I will be returning to the group, either to monopolize your time to solve my problems or to act as a "gay liaison member"; but I am happy I had a chance to be with you. Almost at once, I felt a warm, personal interest in me and the concerns that had brought me to the group.

I was most surprised to hear expressed the sense of being alone and misunderstood as bisexually-oriented people (which sentiment is typical of comments at gay raps), and to hear confirmed my notion that this pressure comes from both extremes of the Kinsey scale. It seems to me to be just one more casualty that comes from growing up and living isolated in a sex-negative society. I feel sure that groups like yours hold the best promise of ending this sorry process.

For myself, I don't feel like everything is any closer to being resolved in a way that satisfies me, but already I feel like I've let go of some kind of emotional weight by just talking about it, and by listening to other people's feelings and their problems.

Hope your party is a big success. I'll wave if I see you all in the Parade!

Thanks again,

Doug

Bi Center Board of Directors:

Congratulations on your adoption of the NO SMOKING indoors policy for the Bi Center. This is something I have wished for since I first started attending functions there.

It is a fact that noxious fumes have, in the past, kept me away from Bi Center events.

Here's hoping that folks will abide by the new decision.

Thanks again,
Mark Beckham

Bi Society Page...

The Bi Center now, once again, has a Social Director. As always the Center, YOUR CENTER, needs volunteers to put energy into the events, socials and workshops. We want to share the fun, excitment and sense of community we have found in our planning committees.

If you have even a half an hour to lend, call Arlene Krantz, Social Director, David Lourea, or Michael Loveland at the Center - 922-2300 - or come to the Rap Group and come out.

CONTRACEPTION SEMINAR

Birth control seems to be an issue of new or re-emerging interest for many of us: for those who have recently begun involvements with the other gender after relating solely to our own; for men who are looking at their responsibility; for women who have become concerned about the safety or effectiveness of their current method. THIS SEMINAR IS FOR MEN AND WOMEN. A variety of methods will be compared. Thursday, October 23rd, 7:30 pm at the Bisexual Center.

Cost: $2.00 for Bi Center members
$3.00 for non-members

For more information contact Neil Fullagar at 929-1678.

Maggi's 50th Birthday

Maggi Rubenstein will be 50 years old this month and wants to celebrate with her freinds and loved ones at the Bi Center. Since she is one of the Center's founders (and a warm wonderful person) she has offered to share this special time in her life with us and also help raise money for the Center at the same time.

We will gather to celebrate at a party in her honor on September 27th, and be there with her to help her usher in the beginning of her second 50 years at 12:01 a.m. September 28th. The party will be from 9:00 pm to 2:00 am. Donations are $3.00 for members and $4.00 for non-members. Come join us for this very special Bi Center event.

POT LUCK DINNER

Bring your favorite dish to share to the Bi-Center on Saturday nite, SEPT 20, 7:30PM. Michael and Deva Loveland will be your hosts for a fun filled evening. For further information contact the Bi-Center: 922-2300.
$2 members - $3 non-members

WINE AND CHEESE PARTY

Do you have a favorite wine you've been dying to share with your friends? Is there some exotic cheese you found in an out-of-the-way shop? Bring your favorite wine and cheese to the Bi-Center Saturday nite, OCT 4, 9:00PM for a nite of wine and cheese tasting. The Bi-Center will supply the crackers. There will be music, dancing and good conversation. Be sure note to miss this event.
$2 members - $3 non-members

LADIES NITE AT AMELIA'S

We will be meeting at the Bi-Center from 8 - 9PM and then off to Amelia's for a nite of dancing and great company. Come join us for a great evening on Friday, OCT 10, 8PM.

HOLLOWEEN TIME IN SAN FRANCISCO

Bring out your costumes and relive your fantacies or create exciting new ones.

October 25th: S.F. Sex Information Center "Infamous" Cross-Dress Party. Exact details are in the planning stage. For more information phone S.F.S.I. at 665-7300.

October 31st: Bisexual Center Trick or Treat
9:00 pm - $4.00 for members
$5.00 for non-members.
Have you a trick - are you a treat? Prizes will be given so get your imagination and creativity going. This will be an outstanding event.

Mark your calendars for the above and we'll see you then.

Groups & Workshops

CREATIVE VISUALIZATION: HOW TO CREATE WHAT YOU WANT IN YOUR LIFE

A day devoted to making room for yourself and your perfect plan for your life. We will share techniques for cleaning other peoples energy out of your space, owning your body and the space around it, and visualizing and creating perfection in your life - Perfect health, perfect work, and perfect relationships. All it takes is imagination and clearing out old molds of what you 'should' do.

TIME: Sunday, September 28th from 9:30 am to 6:00 pm
PLACE: Bi Center, 1757 Hayes St. in San Francisco
COST: $20.00 for Bi Center members
$25.00 for non-members

Preregistration is essential: To preregister send a check for $5.00 to Deva Loveland or Marilyn King at the Bi Center by September 21st.

GESTALT SEMINARS

One of our members, Karl Anderson, is a graduate of the Gestalt Institute of San Francisco. He is giving 2 introductory seminars in Gestalt at the Center this fall. The fee is $2.00 per session.

Being bisexual in our culture often leaves us confused about "defining" ourselves. These seminars will explore ways of clearing up this confusion using Gestalt theory and techniques.

Sept. 25th - The Big It: Our use of language, particularly certain words, can give us insight into how we are often not expressing ourselves. Some key avoidance words we will explore are IT, WHY, CAN'T and SHOULD. We will also investigate what we mean when we say: I think, I feel, I see, I hear and I want.

Oct. 9th - ...and this is my existence: Ultimately we must take responsibility for our lives. And this is really response-ability. Becoming aware of the how and not the why of our existence is one goal of Gestalt work.

These workshops will begin at 7:30 pm.

LOVING ME, LOVING YOU

A day devoted to looking at ways to love and nurture ourselves with the idea that this will increase our openness to loving others and to letting ourselves be loved.

We will explore how blocks in our relationships are connected to our history of not being loving to ourselves. We will look at early messages we received about ourselves and about relationships and how these messages are acted out in our imtimate relationships - and - how we can replace these inhibiting messages with more liberating styles of relating to ourselves and to others

Led by Marilyn King and David Lourea.

DATE: October 11th
TIME: 9:30 am to 6:00 pm
PLACE: Bi Center, 1757 Hayes, S.F.
COST: $20.00 for Bi Center members
$25.00 for non-members

Preregistration by October 3rd with $5.00 deposit.

EXPECTATIONS & BEYOND: EXPLORING BOTH SIDES NOW

It has been said that the most oppressed man and woman in our society today is the man inside every woman and the woman inside every man. Marilyn King and David Lourea have designed a work/play shop to help liberate that part of ourselves. We were all born with the capacity to be warm, loving, supportive and nurturing and at the same time strong, powerful, assertive and dynamic. Through the use of techniques such as guided fantasies, role playing, small and large group discussions, and creative cross-dressing we will try to get in touch with that more androgynous part of our natures (and maybe come up with some exciting possibilities for Holloween).

DATE: October 25th
TIME: 9:30 am to 5:00 pm
PLACE: Bi Center, 1757 Hayes, S.F.
COST: $20.00 for Bi Center members
$25.00 for non-members

Preregistration: By October 18th with a $5.00 deposit.

Community Bulletin Board

GHOST STORIES

The axe dropped, blood splattered, a piercing scream was heard.....For more of this chilling story, come to the Bi-Center for a nite of mystery and horror stories. Bring your favorite story or poem to share. Popcorn will be supplied. Smelling salts will be available for those weak in heart. Thursday nite, OCT 30, 7:30PM. $2 members - $3 non-members

BOARD MEETINGS

If you are interested in sharing your ideas and seeing what happens behind the scenes at the Bi Center, come to a Board Meeting. The next two Board Meetings will be September 15th and October 13th.

Psychic Development Classes

Anyone interested in learning and sharing their interest in the psychic arts will be pleased to know that a class is being started in September. Some of the topics covered will include:

Creating what you want in your life, Tarot, Palmistry, Healing, Numerology, Meditation, etc.

Classes will meet every two weeks at the Bi Center, Sundays 10 am to 12 noon, 1st and 3rd Sundays. Charge will be $5.00. Contact Deva Loveland or Daphne at 922-2300.

Thespians Wanted:

To form Drama Group. Actors, Actresses, Directors, Playwrites, ect. needed. Anyone interested in starting a theater group at the Bi Center leave a message for Daphne at the Center - 922-2300.

OFFICE HOURS

The Bi Center is open to the public on Tuesday nights, from 5:30 to 7:00 pm and Thursday nights, from 7:30 to 10:00 pm. Give us a call, or stop by,, look the place over and get acquainted. Our phone number is 922-2300.

WEDNESDAY RAP GROUP

Our drop-in rap group is being held on Wednesday nights. The emphasis of the group is on getting to know one another in a casual rap rather than getting into "heavies" which can be dealt with only in on-going groups. Although an exchange of ideas and information can be very helpful, the group does not provide therapy; however, the Bi Center can provide referrals to qualified therapists.

We will be asking for a $1 donation to help support the work of the Center.

If you are interested in meeting other people and knowing more about the Bi Center, why not drop in on a Wednesday night at 7:30 p.m.

Tuesday & Wednesday Night Rap

Anyone who has attended the Wednesday night drop-in rap group, lately, knows that it has grown to huge proportions. Usually thirty five to forty people show up and we divide into two to our groups and discuss such topics as: Coming out, Intimacy, Jealousy, Romantic Love, Ways of relating to the same and other sex, Ways to say no, etc.

While a room overflowing with women and men can be a delight, it isn't the most condusive to discussing concerns about bisexuality. As an alternative to knocking out the walls, we've decided to schedule two nights for the drop in rap group. Starting September 2nd there will be both a Tuesday and a Wednesday night drop in rap group each week. The time will stay 7:30 - 10:00. Please be on time.

SPEAKER'S BUREAU

We receive numerous requests for speakers and media interviews. If you are interested in being part of this activity, you can contact Doug Friedman at 929-0671 or 929-8867.

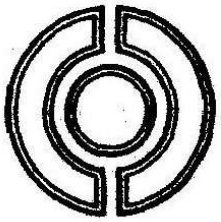
BI-MONTHLY CALENDAR 1980

sept.

S	M	T	W	T	F	S
	1	P.10 2 TUES. NIGHT RAP 7:30	P.10 3 WED. NIGHT RAP 7:30	4	5	6 ROCKY HORROR PICTURE SHOW 8PM
7 PSychic DEVELOPMENT CLASSES 10 AM P.10	8	9	10	11	12	13
14	P.10 15 BOARD MEETING	16	17	18	19	P.8 20 POT LUCK DINNER 7:30PM
21 PSychic DEVELOPMENT CLASSES 10AM P.10	22	23	24	P.9 25 GESTALT SEMINAR 7:30PM	26	P.8 27 MAGGI'S PARTY 9PM
P.9 28 CREATIVE VISUALIZATION WORKSHOP 9:30AM	29	30				

oct.

			1	2	Planning 3 meeting 7:30 P.M. P.2	P.8 4 WINE AND CHEESE PARTY 9PM
P.10 5 PSychic DEVELOPMENT CLASSES 10AM	6	7	8	P.9 9 GESTALT SEMINAR 7:30PM	P.8 10 LADIES NITE AT AMELIA'S 8PM	P.9 11 LOVING ME LOVING YOU 9:30AM
12 LAYOUT 12 P.M. P.2	P.10 13 BOARD MEETING	14	15	16	17	18
PASTE-UP 19 12 P.M. P.2	20	21	22	P.8 23 CONTRACEPTION SEMINAR 7:30PM	24	P.8 25 SFSI HALLOWEEN PARTY
P.10 26 Psychic Development Classes 10 AM	27	28	29	30 GHOST STORIES 8PM P.10	P.8 31 BICENTER HALLOWEEN PARTY 9PM	EXPECTATIONS AND BEYOND 9:30 AM P.9



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